



food as medicine

community resources

Community Produce Program

15-20 pounds of FREE fresh produce is provided to low-income families and individuals twice a month. Please bring two bags with handles. Choose ONE location:

Pittsburg Health Center

2311 Loveridge Road, Pittsburg
1st and 3rd Thursday, 1:30-3:00pm

Martinez Health Center

2500 Alhambra Boulevard, Martinez
2nd and 4th Monday, 12:00-1:00pm

West County Health Center

13601 San Pablo Avenue, San Pablo
2nd and 4th Saturday, 2:00-3:00pm

Antioch Health Center

2335 Country Hills Drive, Antioch
2nd and 4th Monday, 10:00-11:00am

Speak with a Food Bank Staff Member On-Site

Receive one-on-one assistance with applying for CalFresh (food stamps), referrals to food pantries, and information on child and senior nutrition programs.

Pittsburg Health Center Lobby

2311 Loveridge Road, Pittsburg
Every Thursday, 8:00am-12:00pm

George & Cynthia Miller Wellness Center Lobby

25 Allen Street, Martinez
Every Friday, 8:00am-12:00pm

West County Health Center Lobby

13601 San Pablo Avenue, San Pablo
Every Wednesday, 8:00-12:00pm

Concord Health Center Lobby

3052 Willow Pass Road, Building 1, Concord
Every Tuesday, 8:00am-12:00pm



comida como medicina

recursos comunitarios

Programa de Frutas y Verduras

Proveemos 15-20 libras de frutas y verduras frescas GRATIS a familias e individuos de bajos ingresos dos veces al mes. Por favor traiga dos bolsas con agarraderas. Escoja UN SOLO lugar:

Pittsburg Health Center

2311 Loveridge Road, Pittsburg
1er y 3er Jueves, 1:30-3:00pm

Martinez Health Center

2500 Alhambra Boulevard, Martinez
2do y 4to Lunes, 12:00-1:00pm

West County Health Center

13601 San Pablo Avenue, San Pablo
2do y 4to Sábado, 2:00-3:00pm

Antioch Health Center

2335 Country Hills Drive, Antioch
2do y 4to Lunes, 10:00-11:00am

Hable con Alguien del Banco de Comida en la Clínica

Reciba asistencia privada en aplicar para CalFresh (estampillas de comida), referencias a almacenes de comida, e información sobre programas de nutrición para niños y adultos mayores.

Pittsburg Health Center (en la sala)

2311 Loveridge Road, Pittsburg
Cada Jueves, 8:00am-12:00pm

George & Cynthia Miller Wellness Center (en la sala)

25 Allen Street, Martinez
Cada Viernes, 8:00am-12:00pm

West County Health Center (en la sala)

13601 San Pablo Avenue, San Pablo
Cada Miércoles, 8:00-12:00pm

Concord Health Center (en la sala)

3052 Willow Pass Road, Building 1, Concord
Cada Martes, 8:00am-12:00pm